



## know meat !

Did you know that the Meat industry pollutes more than all the cars, SUVs, trucks, planes and ships in the world combined? **The single most effective thing you can do to help reduce Global Warming is to say an emphatic NO to all kinds of meat.**

(Ref. United Nations Report. - H. Steinfeld et al., Livestock's Long Shadow: Environmental Issues and Options, Livestock, Environment and Development - 2006)



## The Indian Vegetarian Congress

Join our mission by opening a Veg Congress Centre in your area.  
For details contact 98413 31943 or 93830 09900 or e-mail to [contact@vegcongress.org](mailto:contact@vegcongress.org)

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